

# EMPOWER

Building Resilience to Address Domestic Violence

## IO4 - The in – service training programme for Adult Educators Module 1



Co-funded by the  
Erasmus+ Programme  
of the European Union

## The 21 hours of workshop learning

The 21 hours of face-to-face workshops will help you:

1. to understand what domestic violence is.
2. to understand how to advice for making effective referrals using service mapping exercise.
3. to understand the basic principles of good family learning practice.
4. to advice and give guidance for supporting families at-risk to complete the Family Learning Programme as well as guidance on delivering the induction to pedagogy programme for parents.
5. to demonstrate best practice in developing and producing Comic Strips and Audio Books using available open-source software.



# Workshop Part 1

**What is Domestic violence?**



# Definition of Domestic violence

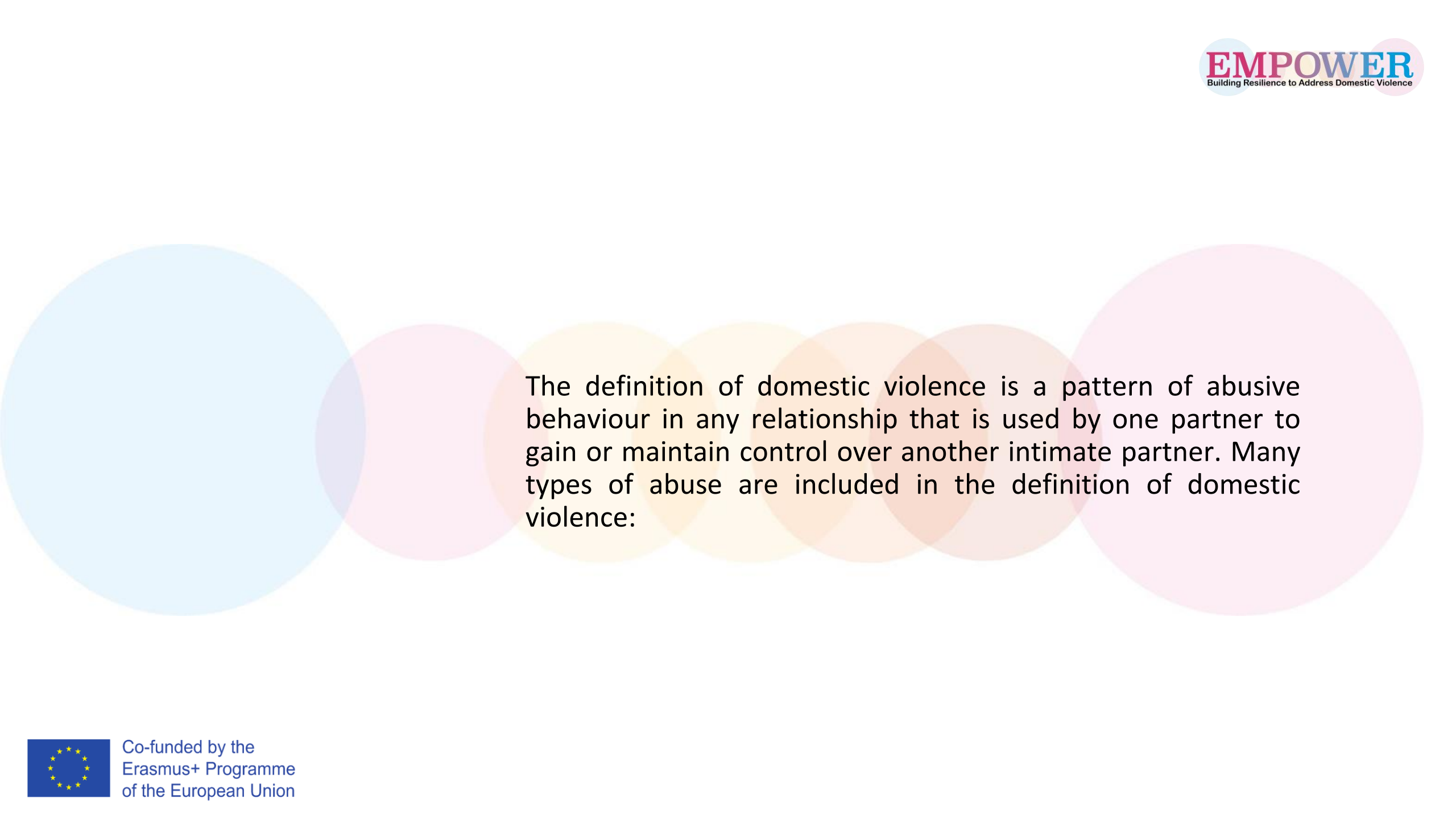
*WHO: Geneva, 2013*

# Definition of Domestic violence

*The prevalence of \_\_\_\_\_ is arguably one of the top health concerns in the country. Understanding its definition can help you to*

# Definition of Domestic violence

Also important is that friends and loved ones of victims are in a better place to help if they understand what domestic violence looks like. Therefore, it's important that people understand the definition of domestic violence and the many forms it can take.

The background of the slide features a series of overlapping circles in light blue, pink, and yellow, creating a soft, abstract pattern.

The definition of domestic violence is a pattern of abusive behaviour in any relationship that is used by one partner to gain or maintain control over another intimate partner. Many types of abuse are included in the definition of domestic violence:

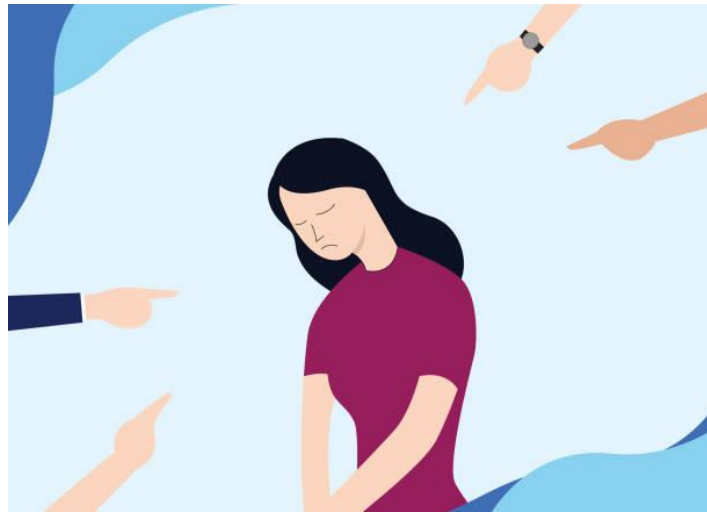
- **Physical abuse** can include hitting, biting, slapping, battering, shoving, punching, pulling hair, burning, cutting, pinching, etc. (any type of violent behaviour inflicted on the victim). Physical abuse also includes denying someone medical treatment and forcing drug/alcohol use on someone.







- **Sexual abuse** occurs when the abuser coerces or attempts to coerce the victim into having sexual contact or sexual behavior without the victim's consent. This often takes the form of marital rape, attacking sexual body parts, physical violence that is followed by forcing sex, sexually demeaning the victim, or even telling sexual jokes at the victim's expense.



- **Emotional abuse** involves invalidating or deflating the victim's sense of self-worth and/or self-esteem. Emotional abuse often takes the form of constant criticism, name-calling, injuring the victim's relationship with his/her children, or interfering with the victim's abilities.

- **Psychological abuse** involves the abuser invoking fear through intimidation; threatening to physically hurt himself/herself, the victim, children, the victim's family or friends, or the pets; destruction of property; injuring the pets; isolating the victim from loved ones; and prohibiting the victim from going to school or work.





- **Threats to hit**, injure, or use a weapon are a form of psychological abuse.




- **Stalking** can include following the victim, spying, watching, harassing, showing up at the victim's home or work, sending gifts, collecting information, making phone calls, leaving written messages, or appearing at a person's home or workplace. These acts individually are typically legal, but any of these behaviors done continuously results in a stalking crime.

- **Cyberstalking** refers to online action or repeated emailing that inflicts substantial emotional distress in the recipient





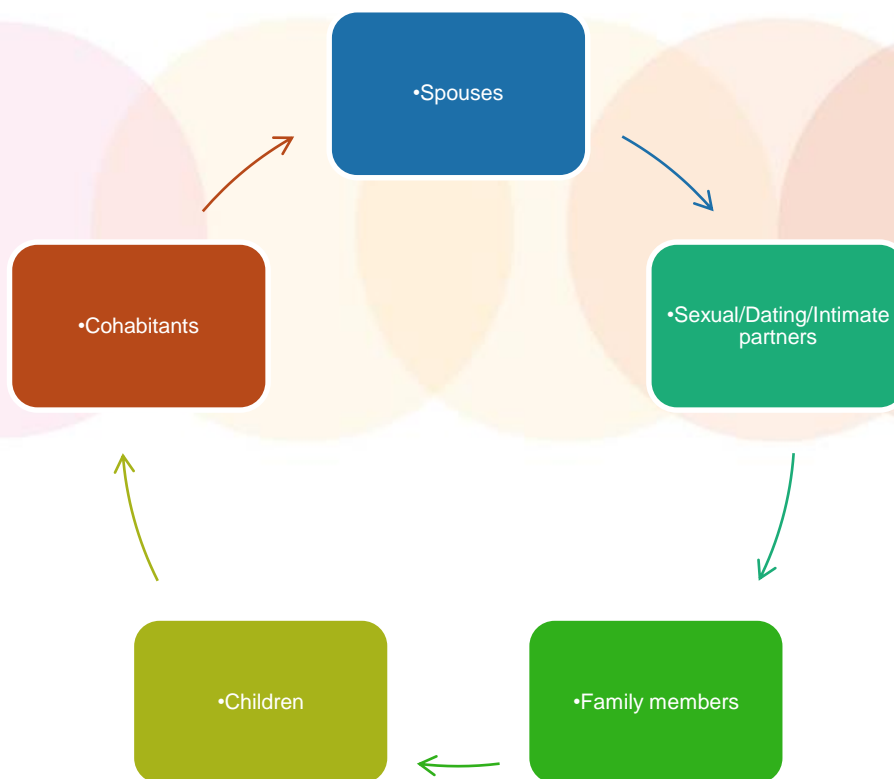




background, education level, race,  
age, sexual orientation, religion, or gender.  
Domestic violence was formerly referred to  
as



# The definition of domestic violence now recognizes that victims can be:



## Video:





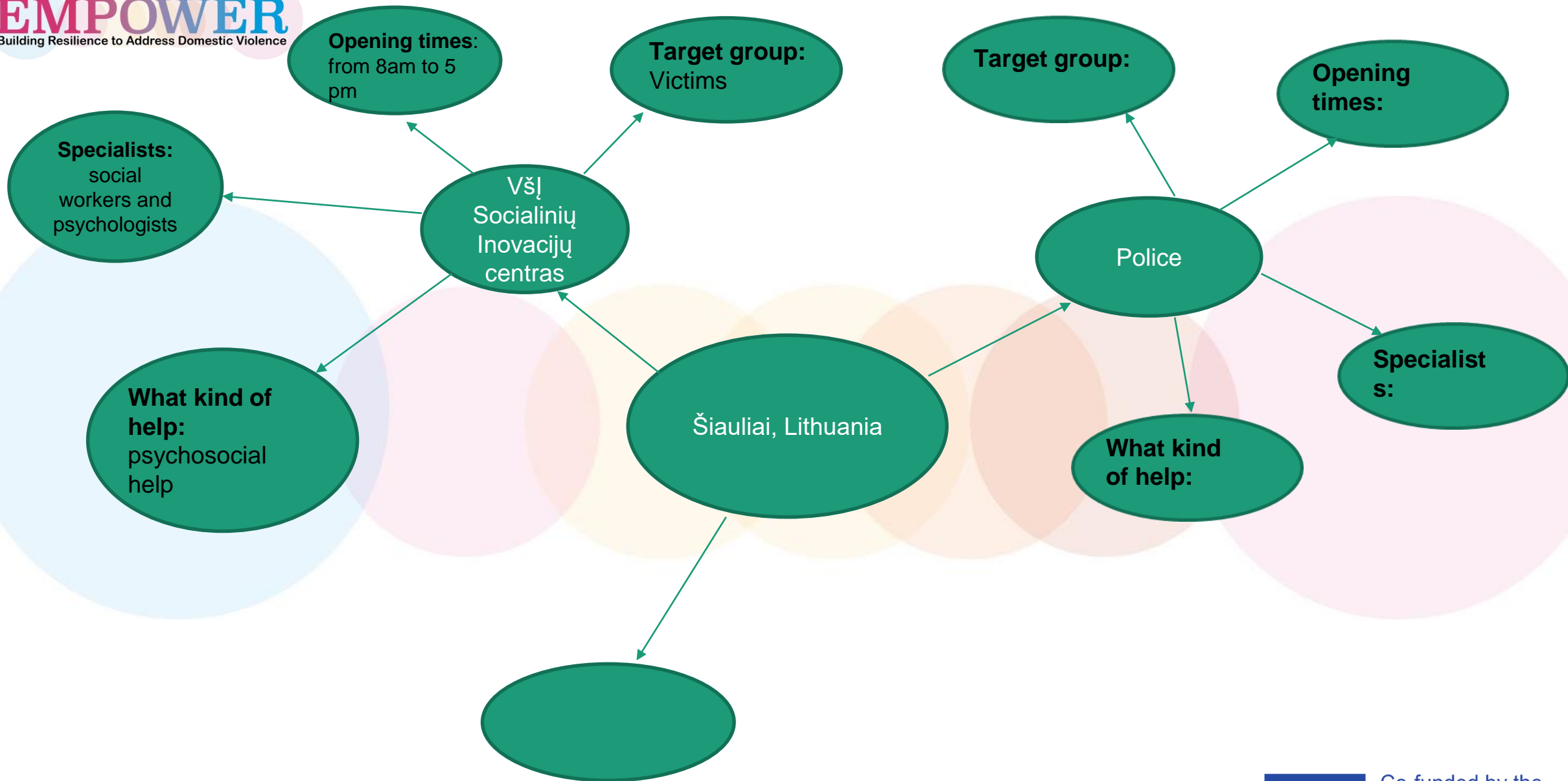
# Activity: let is make service mapping exercise





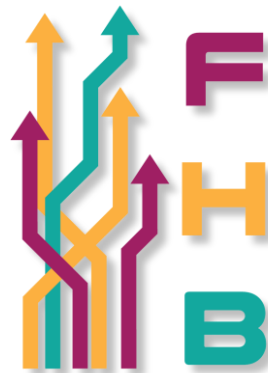
- Name of institution;
  - Target group;
  - Opening times;
  - Specialists;
- What kind of help they can expect?





# EMPOWER

Building Resilience to Address Domestic Violence



Co-funded by the  
Erasmus+ Programme  
of the European Union

"The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein."