



In-service Training
Programme for Adult
Educators

IO4

One 7-hour
introductory –
Workshop. Module 1



EMPOWER
Building Resilience to Address Domestic Violence



One 7-hour introductory – Workshop. Module 1 (7hrs)			
Description of the Learning Activities	Timing (minutes)	Materials/ Equipment Required	Assessment/ Evaluation
<p>Face to Face workshop for Adult Educators The facilitator begins the session by welcoming all participants to the workshop.</p> <p>Ice-Breaker - The facilitator can ask adult educators what their expectations are of the first unit are.</p> <p>The facilitator can begin the session by introducing the first one 7-hours introductory workshop, PowerPoint Presentation, Slides 2. This 1 slide provide an explanation of the upcoming programme and what the adult learners can expect to learn.</p> <p>Slides 3-7: Adult educators will be asked to describe Definition of Domestic violence and will find out real Definition of Domestic violence.</p> <p>Slides 8 – 14: Adult Educators will find out types of domestic violence.</p> <p>Slide 15: Adult educators will watch video: Video: Intimate Partner Violence</p>	<p><u>5 minutes</u></p> <p><u>10 minutes</u></p> <p><u>10 minutes</u></p> <p><u>10 minutes</u></p> <p><u>15 minutes</u></p> <p><u>5 minutes</u></p>	<p>Training venue with IT equipment</p> <p>Flipchart and markers</p> <p>Sign-in sheet</p> <p>Pens and note-taking materials for participants</p> <p>One 7-hour introductory – Workshop 1 PowerPoint Presentation</p>	<p>Facilitator will ask questions to ensure understanding.</p> <p>Adult educators can clarify any details.</p>



<p>Slides 16 – 17: Definition of Domestic Violence: Victims In these slides adult educators will find out more about domestic violence victims.</p> <p>Slide 18: Adult educators will watch video: Why domestic violence victims don't leave?</p> <p>Slides 19 – 20: Statistic regarding domestic violence in Europe and each partner. Adult educators will watch video: What is the extent of violence against women in the EU?</p> <p>Slide 21: adult educators will play a game: What does your life look like?</p>	<p><u>10 minutes</u></p> <p><u>20 minutes</u></p> <p><u>15 minutes</u></p> <p><u>15 minutes</u></p>	<p>Training venue with IT equipment</p> <p>Flipchart and markers</p> <p>Pens and note-taking materials for participants</p>	<p>Facilitator will ask questions to ensure understanding.</p> <p>Adult educators can clarify any details.</p>
<ul style="list-style-type: none">• Break	<p><u>15 minutes</u></p>		
<p>Slide 22: Activity: let is make service mapping exercise</p> <p>Instructions</p> <ul style="list-style-type: none">• Split adult educators into small groups and give out Activity Sheet 1.1	<p><u>1hour</u></p>	<p>Flipchart and markers</p> <p>Pens and note-taking materials for participants</p> <p>A3 format papers</p>	<p>Facilitator will ask questions to ensure understanding.</p> <p>Adult educators can clarify any details.</p>



<ul style="list-style-type: none">• Individually adult educators will answer the questions on the worksheet.• Adult educators will share information they wrote down and will then feedback to the other members of their group.• Adult educators will make service mapping exercise in their groups.		Activity sheet 1.1	
All groups share what they wrote.	<u>15 minutes</u>		
Break	<u>15 minutes</u>		
Slide 22: Activity: let is make service mapping exercise Instructions <ul style="list-style-type: none">• Split adult educators into small groups and give out Activity Sheet 1.2• Individually adult educators will answer the questions on the worksheet.• Adult educators will share information they wrote down and will then feedback to the other members of their group.• Adult educators will make service mapping exercise in their groups.	<u>1 hour</u>	Flipchart and markers Pens and note-taking materials for participants. A3 format papers Activity sheet 1.2	Facilitator will ask questions to ensure understanding. Adult educators can clarify any details.
All groups share what they wrote.	<u>15 minutes</u>		



Lunch	<u>45 minutes</u>		
Slide 22: Activity: let is make service mapping exercise Instructions <ul style="list-style-type: none">• Split adult educators into small groups and give out Activity Sheet 1.3• Individually adult educators will answer the questions on the worksheet.• Adult educators will share information they wrote down and will then feedback to the other members of their group.• Adult educators will make service mapping exercise in their groups.	<u>1 hour</u>	Flipchart and markers Pens and note-taking materials for participants A3 format papers Activity sheet 1.3	Facilitator will ask questions to ensure understanding. Adult educators can clarify any details.
All groups share what they wrote.	<u>15 minutes</u>		
Close of One 7-hour introductory Workshop 1	<u>5 minutes</u>	Self – reflection	
Total duration of the module	7 hrs		

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Co-funded by the
Erasmus+ Programme
of the European Union

"The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein."

Project Number: 2020-1-UK01-KA204-079159