



In-service Training  
Programme for Adult  
Educators

IO4

One 7-hour –  
Workshop module 2



**EMPOWER**  
Building Resilience to Address Domestic Violence





<p><b>Slides 11 - 14:</b> introduction to the Family Learning Toolkit</p>			
<ul style="list-style-type: none"> <li>● Break</li> </ul>	<p><u>20 minutes</u></p>		
<p><b>Adult educators will read Comics strips and role-play.</b></p> <p><b>Instructions</b></p> <ul style="list-style-type: none"> <li>● The facilitator will ask adult educators to read 10 “Happy Family” comics strips.</li> <li>● Adult educators discuss all possible questions after reading “Happy Family” comics strips. <b>Use activity 1.1.</b></li> <li>● Teachers need to find a pair and roleplay. Later switch roles. <b>Use activity 1.2.</b></li> <li>● The facilitator will ask adult educators to read 10 “Conflict Family” comics strips.</li> <li>● Adult educators discuss all possible questions after reading “Conflict Family” comics strips. <b>Use activity 1.3.</b></li> </ul>	<p><u>100 minutes</u></p>	<p>Flipchart and markers</p> <p>Pens and note-taking materials for participants</p> <p>Activity sheets 1.1, 1.2, 1.3,1.4</p>	<p>Facilitator will ask questions to ensure understanding.</p> <p>Adult educators can clarify any details.</p>





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<ul style="list-style-type: none"> <li>Teachers need to find a pair and roleplay. Later switch roles. <b>Use activity 1.4.</b></li> <li>The facilitator can ask the participants if they have any questions and everything is clear.</li> </ul>			
<p><b>Adult educators will read Magazines and play role-play.</b></p> <p><b>Instructions</b></p> <ul style="list-style-type: none"> <li>The facilitator will ask adult educators to read 5 digital magazines for teenagers aged 13 to 17.</li> <li>Adult educators discuss all possible questions after reading digital magazines for teenagers aged 13 to 17. <b>Use activity 1.5.</b></li> <li>Teachers need to find a pair and play roleplay. Later switch roles. <b>Use activity 1.6.</b></li> <li>The facilitator will ask adult educators to read 5 digital magazines for young adults aged 18 to 20.</li> <li>Adult educators discuss all possible questions after reading digital magazines for young adults aged 18 to 20. <b>Use activity 1.7.</b></li> <li>Teachers need to find a pair and play roleplay. Later switch roles. <b>Use activity 1.8.</b></li> <li>The facilitator can ask the participants if they have any questions and everything is clear.</li> </ul>	<p><u>100 minutes</u></p>	<p>Flipchart and markers</p> <p>Pens and note-taking materials for participants</p> <p>Activity sheets 1.5, 1.6, 1.7, 1.8</p>	<p>Facilitator will ask questions to ensure understanding.</p> <p>Adult educators can clarify any details.</p>
<ul style="list-style-type: none"> <li><b>Lunch</b></li> </ul>	<p><u>45 minutes</u></p>		
<p><b>Adult educators will read/ listen to audiobooks and play role-play.</b></p> <p><b>Instructions</b></p>	<p><u>100 minutes</u></p>	<p>Flipchart and markers</p> <p>Pens and note-taking materials for participants.</p>	<p>Facilitator will ask questions to ensure understanding.</p>



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<ul style="list-style-type: none"> <li>• The facilitator will ask adult educators to read/listen to 10 audiobooks for senior adult learners and grandparents.</li> <li>• Adult educators discuss all possible questions after listening to audiobooks for senior adult learners and grandparents. <b>Use activity 1.9.</b></li> <li>• Teachers need to find a pair and play roleplay. Later switch roles. <b>Use activity 1.10.</b></li> <li>• The facilitator can ask the participants if they have any questions and everything is clear.</li> </ul>		<p>Activity sheet 1.9, 1.10</p>	<p>Adult educators can clarify any details.</p>
<p><b>Close of One 7-hour workshop. Module 2</b></p>	<p><u>5 minutes</u></p>	<p>Self-reflection</p>	
<p><b>Total duration of the module</b></p>	<p><b>7 hrs</b></p>		

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